



Roxbury High School

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<http://www.roxbury.org>

Melissa J. Hall
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Director of Guidance

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RE: Grade 10 Physical Examination

Dear Parent/Guardian:

Students enrolled in Grades 3, 6, and 10 in the Roxbury Township School District are strongly encouraged to receive a physical examination by their health care provider. We are required to notify parents/guardians of the importance of obtaining subsequent medical examinations of their students at least once during each developmental stage: early childhood, pre-adolescence, and adolescence.

Due to changes in the New Jersey State Law (NJAC 6A: 16-2.2h), physical examinations will no longer be provided by the school physician. Examinations must be conducted by a physician, advanced practice nurse, or physician's assistant chosen by the student's parent/guardian at the provider's facility. We cannot accept physicals performed by a chiropractic doctor as they are not medical doctors. It is strongly recommended that students in grade 10 receive a physical from their medical home. On the website, you will find a form to be filled out by your student's medical home and a health history questionnaire to be completed by you. If your child is participating in either a fall sport or marching band, he/she does not have to submit another physical or health history questionnaire. Acceptable physicals are those performed within the last 365 days. Please send completed forms to the Roxbury High School Health Office.

These forms can be printed from our website at roxbury.org, then click on "Our Schools" and then "Roxbury High School." Under the parent tab, click on General Resources, scroll down to the high school forms, click more, and scroll down to "RHS Sports Physical." Again, be advised that a current sports/activity physical on file in the Health Office meets this requirement. If you have any questions, please contact the Health Office at 973-584-2826. The Health Office fax number is 973-927-8239.

Respectfully,

Dominick Miller
Principal