



ATTENTION Parents and Guardians!

Healthy Kids Learn Better, School Nurses Make it Happen!

**Does your child have asthma?
The school nurse needs to know!**
Your child may have asthma if he or she
has experienced any of the following:

- persistent cough
- wheezing
- shortness of breath
- complaints of not being able to breathe
- coughing during exercise
- waking at night due to breathing problems or cough

**If your healthcare provider told you your
child has seasonal asthma or reactive
airway disease, tell your school nurse!**

**If the school nurse does not know
about your child's asthma, the
school nurse can't help!**

What You Can Do

- Let the school nurse know your child has asthma
- Give the school nurse an updated Asthma Treatment Plan every year
- If you suspect your child has asthma, talk with your health care provider and the school nurse
- Visit this website for free asthma information:
www.pacnj.org

If your child says they can't breathe, BELIEVE, RESPOND, AND TREAT THEM!

 **The Pediatric/Adult
Asthma Coalition
of New Jersey**
"Your Pathway to Asthma Control"

 **AMERICAN
LUNG
ASSOCIATION**
IN NEW JERSEY

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