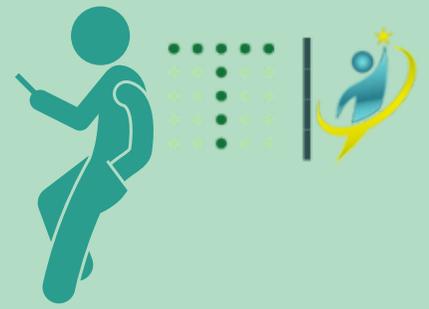


PARENT ACADEMY

Presented by

Thrive Alliance Group



HOW SOCIAL MEDIA IMPACTS MENTAL HEALTH

You're Invited:

Social media has a pull on our children. Despite the benefits, research shows an association between excessive use & heightened risks of mental health issues. This presentation supports parents searching to find a healthy balance.

We will cover:

- ✓ Current trends in social media use
- ✓ Positive & negative impacts of social media
- ✓ Strategies to support children while using these platforms

Virtual Event
April

3rd

7-8 pm

Click here or
Scan the QR code
to register:

